

Week 1 - Regular/NAS				Ingleside Assisted Living SS 2025			Week At A Glance	
M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
B F S T	CHOICE OF JUICE EGG:_____ HASHBROWN PATTY FROSTED CINNAMON ROLL MILK	CHOICE OF JUICE FRENCH TOAST / SYRUP SAUSAGE LINK MILK	CHOICE OF JUICE EGG:_____ BACON TOAST MARG/JELLY BANANA HALF MILK	CHOICE OF JUICE SAUSAGE GRAVY BISCUIT SCRAMBLED EGG WITH CHEESE MILK	CHOICE OF JUICE EGG:_____ BREAKFAST HAM SLICE TOAST MARG/JELLY MILK	CHOICE OF JUICE PANCAKES/SYRUP SAUSAGE LINK ORANGE WEDGES MILK	CHOICE OF JUICE EGG:_____ SEASONED BREAKFAST POTATOES TOAST MARGARINE/JELLY MILK	
N O O N	BEEF POT ROAST BEEF GRAVY SEASONAL VEGETABLE MASHED POTATOES PIE MILK	SPAGHETTI/ MEATSAUCE SEASONAL VEGETABLE BLEND GARLIC BREADSTICK RICE KRISPIE SQUARE MILK	BAKED CHICKEN DRUMSTICK CHEFS CHOICE VEGETABLE BAKED SWEET POTATO GELATIN POKE CAKE MILK	ROAST TURKEY GRAVY STUFFING SEASONAL VEGETABLE BLEND CHEFS CHOICE DESSERT MILK	PORK STEAK GRAVY SEASONAL VEGETABLE MASHED POTATOES GELATIN POKE CAKE MILK	CHICKEN ALFREDO BUTTERED PEAS GARLIC BREADSTICK ICE CREAM CUP MILK	LEMON DILL SALMON COLESLAW BAKED POTATO/MARG/SOUR CREAM CHEFS CHOICE DESSERT MILK	
E V E	PHILLY CHICKEN SANDWICH W/ PEPPERS & ONIONS POTATO WEDGES COOKIE MILK	DORITO TACO SALAD FRENCH DRESSING M&M BROWNIES MILK	SWEET & SOUR MEATBALLS MIXED VEGETABLES RICE FRESH FRUIT CUP MILK	HOT HAM AND CHEESE/BUN POTATO WEDGES BROCCOLI RAISIN SALAD FRUITED GELATIN W/ TOPPING MILK	BACON CHEESEBURGER ON BUN DILL PICKLE SLICES STEAK FRIES CANNED FRUIT MILK	FRENCH DIP CREAMY CUCUMBER ONION SALAD CHEF'S CHOICE OF POTATO ICE CREAM CUP MILK	PULLED PORK ON BUN DILL PICKLE SLICES BBQ SAUCE POTATO WEDGES BLUEBERRY YOGURT PARFAIT MILK	

Menus Approved By:



05/11/25, 06/08/25, 07/06/25, 08/03/25, 08/31/25, 09/28/25, 10/26/25

Notes: Cereal is available at breakfast upon request. Bread is available at all meals.

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE SAUSAGE LINK OATMEAL BANANA HALF TOAST MARG/JELLY MILK	CHOICE OF JUICE FRIED EGG SEASONED BREAKFAST POTATOES ORANGE WEDGES TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE CHOICE OF CEREAL SAUSAGE LINK RAISIN TOAST MILK	CHOICE OF JUICE HAM & CHEESE OMELET TOAST MARG/JELLY MILK	CHOICE OF JUICE BUTTERMILK PANCAKES BACON BANANA HALF MILK	CHOICE OF JUICE SCRAMBLED EGG WITH CHEESE HASHBROWN PATTY JELLY FILLED DONUT MILK	CHOICE OF JUICE EGG:_____ SAUSAGE LINK TOAST MARG/JELLY ORANGE WEDGES MILK
N O O N	CLASSIC MEATLOAF HASHBROWN CASSEROLE GREEN BEANS PIE MILK	TATER TOT CASSEROLE COUNTRY TRIO VEGETABLES CINNAMON COFFEE CAKE MILK	COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY CORN LAYERED LEMON PIE MILK	CHICKEN BREAST PARMESAN WILD RICE VEGETABLE BLEND FRUIT CRISP MILK	ROAST BEEF COMMERCIAL SEASONAL VEGETABLE SOUR CREAM MASHED POTATOES DEVILS FOOD PUDDING CAKE MILK	CHEF'S CHOICE ENTREE CHEFS CHOICE VEGETABLE CHEF'S CHOICE OF POTATO CHEF'S CHOICE DESSERT MILK	GLAZED HAM CREAM CHEESE CORN SCALLOPED POTATOES CREAMY ORANGE FLUFF MILK
E V E	CRISPY CHICKEN SANDWICH SHREDDED LETTUCE DILL PICKLE SLICES POTATO CHIPS SHERBET CUP MILK	CHICKEN FAJITAS SPANISH RICE FRUITED GELATIN W/ TOPPING MILK	CHILI TOSSED SALAD W/ DRSG CORNBREAD ICE CREAM CUP MILK	CHEDDARWURST ON BUN BAKED BEANS POTATO SALAD PISTACHIO PUDDING MILK	LOADED TURKEY NOODLE CASSEROLE SEASONAL VEGETABLE CARAMEL BROWNIE MILK	SWEET & SOUR CHICKEN RICE VEGETABLE BLEND PEARS MILK	SLOPPY JOE ON BUN DILL PICKLE SLICES MACARONI SALAD FRESH FRUIT CUP MILK

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B F S T	CHOICE OF JUICE FRENCH TOAST / SYRUP BACON ORANGE WEDGES MILK	CHOICE OF JUICE WESTERN EGG BAKE TOAST MARG/JELLY MILK	CHOICE OF JUICE PANCAKES/SYRUP BACON ORANGE WEDGES MILK	CHOICE OF JUICE EGG:_____ BREAKFAST HAM SLICE TOAST MARG/JELLY MILK	CHOICE OF JUICE FRUIT & YOGURT PARFAIT BACON BLUEBERRY MUFFIN MILK	CHOICE OF JUICE CREAM OF WHEAT SAUSAGE LINK BANANA MILK	CHOICE OF JUICE EGG:_____ BREAKFAST HAM SLICE TOAST MARG/JELLY BANANA MILK
N O O N	BAKED CHICKEN DRUMSTICK MIXED VEGETABLES AU GRATIN POTATOES PIE MILK	FIRE ROASTED PORK W/GARLIC PENNE PASTA BUTTERED PEAS GARLIC BREADSTICK FLUFFY BANANA PUDDING MILK	SALISBURY STEAK W/MUSHROOM GRAVY SOUR CREAM MASHED POTATOES CORN ICE CREAM MILK	BBQ RIBS BROCCOLI RAISIN SALAD MACARONI SALAD FROSTED CAKE MILK	SWEDISH MEATBALLS MIXED VEGETABLES MASHED POTATOES/MARG CHERRY CRISP MILK	CHEF'S CHOICE ENTREE CHEFS CHOICE VEGETABLE CHEF'S CHOICE OF POTATO CHEFS CHOICE DESSERT MILK	PORK STEAK PORK GRAVY SOUR CREAM MASHED POTATOES SEASONAL VEGETABLE BLEND GELATIN POKE CAKE MILK
E V E	CRISPY FISH SANDWICH WITH LETTUCE/TOMATO CHEF'S CHOICE OF POTATO CINNAMON APPLESAUCE MILK	CHEESEBURGER ON BUN DILL PICKLE SLICES STEAK FRIES CHEFS CHOICE DESSERT MILK	TUNA SALAD SANDWICH CARROT & CELERY STICKS VEGETABLE DIP CHEF'S CHOICE OF POTATO CHEF'S CHOICE DESSERT MILK	TURKEY BACON RANCH SALAD DINNER ROLL COOKIE MILK	BREADED CHICKEN TENDERS BBQ SAUCE PEA SALAD POTATO WEDGES PUDDING MILK	DELI SANDWICH COTTAGE CHEESE TATER TOTS FRUITED GELATIN W/ TOPPING MILK	BEEF TACO SALSA SOUR CREAM SPANISH RICE CANNED FRUIT MILK

Week 4 - Regular/NAS			Ingleside Assisted Living SS 2025				Week At A Glance	
M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
B F S T	CHOICE OF JUICE CHOICE OF HOT CEREAL BREAKFAST HAM SLICE RAISIN TOAST MILK	CHOICE OF JUICE EGG:_____ BACON TOAST MARGARINE/JELLY MILK	CHOICE OF JUICE SCRAMBLED EGGS W/ HAM & CHEESE HASHBROWN PATTY DONUT HOLES MILK	CHOICE OF JUICE SAUSAGE PATTY FRENCH TOAST / SYRUP MILK	CHOICE OF JUICE EGG:_____ SEASONED BREAKFAST POTATOES TOAST MARG/JELLY BANANA HALF MILK	CHOICE OF JUICE SAUSAGE GRAVY BISCUIT ORANGE WEDGES MILK	CHOICE OF JUICE EGG:_____ BACON TOAST MARG/JELLY BANANA HALF MILK	
N O O N	SMOKED SAUSAGE AU GRATIN POTATOES GREEN BEANS PIE MILK	BAKED ENCHILADA SPANISH RICE FRUIT CRISP MILK	FIRE BRAISED CHICKEN BREAST CHEESY RICE PILAF SEASONAL VEGETABLE CHEF'S CHOICE DESSERT MILK	BEEF STROGANOFF HOTDISH BUTTERED PEAS GARLIC BREADSTICK CARAMEL BROWNIE MILK	TURKEY COMMERCIAL MASHED POTATOES GRAVY CARROTS PUDDING PARFAIT MILK	CHEESEBURGER TOT CASSEROLE COUNTRY TRIO VEGETABLES GELATIN POKE CAKE MILK	BAKED HAM SCALLOPED POTATOES GREEN BEAN CASSEROLE CHEF'S CHOICE DESSERT MILK	
E V E	CRAN-WALNUT CHICKEN SALAD SANDWICH CANTALOUPE POTATO SALAD ICE CREAM CUP MILK	BBQ RIB SANDWICH DILL PICKLE SLICES MACARONI SALAD COOKIE MILK	CORN DOG BAKED BEANS CHEF'S CHOICE OF POTATO OREO RICE KRISPIE SQUARE MILK	LOADED BAKED POTATO MIXED VEGETABLES FRESH FRUIT CUP MILK	PHILLY JOE DILL PICKLE SLICES CHEF'S CHOICE OF POTATO CHILLED FRUIT MILK	CHICKEN CORDON BLEU BITES MINI BAKER POTATOES CREAMY CUCUMBER ONION SALAD FRUITED GELATIN W/ TOPPING MILK	CALIFORNIA HAMBURGER / BUN DORITOS CHEFS CHOICE DESSERT MILK	

Menus Approved By:



06/01/25, 06/29/25, 07/27/25, 08/24/25, 09/21/25, 10/19/25

Notes: Cereal is available at breakfast upon request. Bread is available at all meals.